



## **Falls Area Bicyclists (FAB)**

**Welcome to the bicycle club for everyone!**

The Falls Area Bicyclists invite you and your family to become a member of the Sioux Falls based cycling club. Also known as FAB our club's mission is to promote bicycling in all of its forms and skill levels including transportation, recreation, fitness, sport and social interaction. We look forward to the development of our club based upon the desires and dreams of the members and the longevity that comes with members who are actively involved.

Riding is what propels the club and to that end a fantastic calendar of rides has been planned. Are you ready for rides of fun with others of your ability? What about trying a starlight ride on the bike trail? If you are serious about your cycling and training we have several opportunities for you to join with others to improve your skills and performance. And we can help prepare you for Tour De Kota, the MS 150, RAGBRAI or our very own special ride held in July. Ride leader volunteers will help the group have a great ride on every scheduled club ride and to make certain no one is left behind! We plan to end each ride with an opportunity to get better acquainted.

We believe that bicycling is a lifelong sport and encourage family participation. While we will plan for fun family rides our focus is on riders who have achieved a level of riding to enable them to participate safely. To assist in rider development we have a goal to create a mentor program to encourage and support all of our members in achieving their cycling dreams. Safety is paramount to our success. We will request that riders follow the rules of safe cycling and keep themselves and equipment in safe operating conditions at all times.

Participation and communications are keys to the success of a volunteer supported club. Quarterly meetings are scheduled to conduct club business and to socialize with all members who might not ride together. A web site has been established along with email as the primary means of communications and to allow members to contact each other and the club officers. Ride information will be published and consistent via a ride calendar to make sure everyone knows what, when and where the rides are held.

Thank you for your interest in Falls Area Bicyclists! Please join us for a ride and become a member!

**Falls Area Bicyclists (FAB)  
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